

Montessori School of Central Marin

Hygiene and Sanitation Updates

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Director: Jennifer Esterman

Pick Up & Drop Off:

- Parents and children will be required to wear a face mask during drop off and pick up¹
- Students will be dropped off and picked up at the front entrance (parents will be asked not to enter the school with the exception of emergencies)²
- Drop off and pick up are to be done as quickly as possible²
- If more than one family arrives at a time, parents and children will be asked to wait behind markings in the parking lot to maintain social distancing or wait in their car²
- Children will be checked in by Ms. Maeve or another staff member (who will be wearing mask and cleaning hands in between each check in) – this includes attendance, health questions and temperature check of both student and parent²
- Parents will clean their hands and sign drop off form with their own pen or a pen provided and cleaned by either Ms. Maeve or another staff member²
- Hand Sanitizer will be available to parents at drop off and pick up
- Infrared Thermometer (no touch thermometer) will be cleaned in between each use with an alcohol wipe
- Students will remove shoes upon entering, place them in a space provided, then change into “school shoes” in their classroom (school shoes are to stay at school)
- Students will wash their hands immediately after removing their shoes²

Classroom Updates:

- MSCM will be reduced to a maximum of 12 students per classroom²
- Groups will be kept separate at all times - this includes staff (according to Marin County, these cohorts are a form of social distancing)²
- Children will be directed to maintain social distancing with the help of markings on the floor as well as rearranged furniture in the classroom (this includes during meal times)²
- All outside enrichment will be cancelled until further notice (The Gymnastics Bus, Music with Mr. Mika, Wee Yogis)
- Fun Lunch and cooking activities will be cancelled until further notice²
- Snacks will be pre-portioned and served to children by staff wearing gloves (students used to serve themselves)²
- Change of clothes will be in bags, labeled with students name and kept in cubby until needed²
- Personal items will be strictly limited to necessities (change of clothes in labeled bag, lunch bags, nap blankets/loveys that will stay and be laundered at school, etc.) No sharing items or toys from home²
- Nap time: children will nap 6 feet apart and will alternate head/feet direction (children will not be face to face)
- Children will have “school shoes” that are to be left at the school and only worn at the school (they will change shoes upon arrival)
- Children will be urged to wear face masks at all times (other than while eating or drinking)

- Staff will wear face masks at all times (other than while eating or drinking) along with scrub top and “school shoes”¹
- All masks and scrubs will be washed each night so they will be clean for the following morning
- Students that exhibit illness while at MSCM will be separated from other students until parents can pick the child up (if parent is unavailable, we will reach out to alternative contacts provided by parent)²
- Staff with hair longer than shoulder length will tie hair up while at school
- The sandbox, water play and other sensorial works will not be available until further notice
- Children will be directed to change their clothes whenever secretions are present (snot, saliva, tears, etc.)
- Staff will clean any part of their body a child’s secretions have touched (snot, saliva, tears etc. on neck, arms, face, etc.)

Students will wash hands²:

- Upon arriving to the facility, after removing outside shoes
- After blowing their nose, coughing, sneezing or touching secretions (saliva, snot, etc.)
- After using the restroom
- Before and after eating or drinking
- After contact with animals
- Before moving to a new work space (example: from classroom to playground)
- When hands are visibly dirty

Staff will wash hands²:

- Upon arriving to the facility and after returning from breaks
- After blowing nose, coughing, sneezing or touching secretions (saliva, snot, etc.)
- After using the restroom
- Before and after eating, drinking or preparing food
- After contact with animals
- Before moving to a new work space (example: from classroom to playground)
- Before and after providing routine care for another (example: assist student in restroom)
- When hands are visibly dirty

Facility Cleaning⁴:

- High touch areas will be cleaned frequently (door knobs, light switches, table tops, etc.)
- Materials that cannot be sanitized have been removed from classrooms (raw wood, dress up clothing, etc.)
- Items that can be set up for individuals will be (scissors, glue sticks, etc. will be in a bag with the student’s name)
- For materials that we cannot reasonably supply individually, we will assign one teacher per group to disinfect those materials after each use
- Bathrooms will be cleaned/sanitized in between each use (after each child)
- Disposable gloves will be used when putting dirty laundry in washing machine, while preparing snack, when assisting in restroom and while cleaning/sanitizing (then disposed of immediately afterward)
- Doors will be kept open to increase ventilation
- Staff will clean the school thoroughly after students have left (between 5-5:30pm)

- High use staff areas (bathroom, refrigerator, microwave, etc.) will be cleaned before and after use - this responsibility belongs to the staff member using the item (signage will be posted)
- Nap Mats will be sanitized daily and will be used by the same child each day
- Staff will keep their personal items in a specific area and will also use “school shoes” that are to be kept on site
- If a child is isolated at the school due to illness, all areas where the child was present will be disinfected

Illness³:

- Staff and students will not be allowed at the school if they show any of the following symptoms (the same is true if a staff member so student lives with someone presenting any symptoms):
 - Temperature of 100.4 or grater
 - Cough
 - Shortness of breath
 - Sore throat
 - Headache
 - Fatigue
 - Muscle aches
 - Malaise
 - Decreased or loss of sense of taste/smell
 - Abdominal discomfort or pain
 - Diarrhea
- If a child or teacher has tested positive for COVID-19 they are to stay home until they (the same is true if the staff member or student lives or has had contact with someone that has tested positive):
 - Are 14 days from symptom onset or last contact
 - Have a temperature of 100.3 or less for 3 days without fever reducing medication
 - Are free of cough, shortness of breath and/or sore throat for at least 3 days
 - Have written permission/clearance from physician or another medical professional
- Whichever is longer from the above criteria (due to false negative COVID-19 testing), out of an abundance of caution, anyone that is symptomatic needs to meet the above criteria as well.

Please visit the links below for more information:

1. Marin County Health Order - Face Covering:
<https://www.marincounty.org/main/county-press-releases/press-releases/2020/hhs-covid-facecoveringorder-041720>
2. CDSS Social Distancing Guidance for Childcare:
(ENG) https://www.cdss.ca.gov/Portals/9/CCLD/PINs/2020/CCP/PIN_20-06-CCP.pdf
(ESP) <https://www.cdss.ca.gov/Portals/9/CCLD/PINs/2020/CCP/PIN-20-06-CCP-SP.pdf>
3. CDC Symptoms: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
4. CDC Cleaning Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>